



## THE FACULTY OF HEALTH CLINICS PROVIDE A RANGE OF EVIDENCE BASED ALLIED HEALTH SERVICES FOR THE CANBERRA COMMUNITY

### ALLIED HEALTH PRACTICE

Experienced Allied Health Practitioners provide a range of clinical services including Physiotherapy, Dietetics and Nutrition, Psychology, Exercise Physiology, Remedial massage and Pilates. Students may observe or participate in treatment.

### UC NUTRITION AND DIETETICS CLINIC

A range of Nutrition and Dietetics services provided by recently qualified Dietetics Practitioners and Nutrition and Dietetics students supervised by an APD.

### PSYCHOLOGY INTERN CLINIC

Master of Clinical Psychology interns provide services with supervision.

### STUDENT LED PHYSIOTHERAPY

Master of Physiotherapy students provide services with supervision.

*All students on clinical placement are supervised. Patients will be notified if they are to be seen by a student.*

## THE FACULTY OF HEALTH UC NUTRITION AND DIETETICS CLINIC AIMS TO:

- Provide affordable private dietetics services in collaboration with other health care providers.
- Provide practical experience for Postgraduate Nutrition and Dietetics students to observe and participate in clinical practice under the supervision of an Accredited Practising Dietitian (APD)

## TO MAKE AN APPOINTMENT

### BRUCE

T 6201 5843  
University of Canberra  
Building 12, Level B, Room 40  
Monana Street

### GARRAN

T 6282 2724  
Brindabella Specialist Centre  
5 Dann Close

### FOR MORE INFORMATION

E [healthclinic@canberra.edu.au](mailto:healthclinic@canberra.edu.au)  
[www.canberra.edu.au/healthclinic](http://www.canberra.edu.au/healthclinic)

# UC NUTRITION AND DIETETICS CLINIC

FEED YOUR FUTURE





## FEES

\$70 (30 minute appointment)

\$100 (45 minute appointment)

*Private Health Rebates available*

**YOU MAY BE ELIGIBLE FOR A MEDICARE REBATE IF YOU MEET THESE CRITERIA:**

- Have a Chronic Disease Management Plan and Team Care Arrangement
- Department of Veterans Affairs Cardholder
- Indigenous Australians with a completed health check
- Permanent Residences of an aged care facility.

These services require referral through your General Practitioner

**STUDENT LED SERVICES ARE SUBSIDISED BY THE CLINIC AT \$20**

Students are supervised by an experienced ADP to ensure best practice.

**THE UC NUTRITION AND DIETETICS CLINIC SPECIALISES IN SERVICES FOR PEOPLE WITH CHRONIC DISEASES SUCH AS CANCER, HEART DISEASE, DIABETES (TYPE 2), OBESITY AND MENTAL HEALTH CONDITIONS**

## OUR SERVICE INCLUDES

Personalised:

- Dietary assessment
- Dietary advice and counselling
- Resources, eating plans and recipes

Group activities and classes

## WE CAN HELP YOU ACHIEVE:

- Improved Vitality and Health
- Enjoyment of meals
- Nutrition Knowledge
- Food Preparation skills

