



Dear School,

Bicycle NSW has just launched the NRMA Gold Medal Challenge on the success of last year's initiative that saw over 600 students and teachers across NSW Pedalling towards a 500km goal.

This year we've made a few changes. Students in years 5 and above as well as teachers can now register for the challenge. Additionally, they can also choose an individual goal depending on their riding ability. (Choose from 250km, 500km, 1000km and 2000km. Students should read the recommendations on the Bicycle NSW website [www.bicyclensw.org.au](http://www.bicyclensw.org.au) before selecting a goal)

Upon registration (either online or via a printable form) students will receive either a paper or e-log book of their choice in which they can start recording their kilometres. Any ride can count towards the goal including but not limited to riding with friends, to sports practice, to the shops, to school, for exercise or for fun!

Each student and teacher who completes the challenge will win a gold medal as well as go in the draw to win numerous prizes along the way including but not limited to bikes, helmets, velodrome workshops, cycling gear and accessories and skills workshops for their school. Teachers can also go in the draw to win Bicycle NSW memberships for themselves and the school, Australian Cyclist subscriptions and event entries. We'll also be holding several Gold Medal Challenge events around NSW that will be free to enter for anyone registered in the Gold Medal Challenge.

This initiative aims to get more young people active and incorporating cycling into their every day lives. We'd greatly value your assistance in promoting the initiative by:

- Displaying the enclosed posters and flyers at your school (library, notice boards, school office, PE rooms). More flyers and posters are available upon request.
- Promote the initiative in the school newsletter
- Raising awareness of the challenge verbally in any relevant classes or at assembly

For more information including access to additional posters/flyers as well as the online and printable registration form please head to [www.bicyclensw.org.au](http://www.bicyclensw.org.au)

**Happy Riding Good Luck to all who get involved**

Elizabeth Roberts  
Behaviour Change Program Coordinator  
Ph: (02) 9704 0853  
Email: [elizabethr@bicyclensw.org.au](mailto:elizabethr@bicyclensw.org.au)  
Web: [www.bicyclensw.org.au](http://www.bicyclensw.org.au)



>>>> NRMA GOLD MEDAL CHALLENGE REGISTRATION

Please complete your details and return to the postal address below:

NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

POSTAL ADDRESS \_\_\_\_\_  
\_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

SCHOOL \_\_\_\_\_

DISTANCE OPTION (CIRCLE) 250KM 500KM 1000KM 2000KM

EMAIL ADDRESS \_\_\_\_\_

PARENT/GUARDIANS NAME \_\_\_\_\_

PARENT/GUARDIANS PHONE NUMBER \_\_\_\_\_

WHICH TYPE OF LOGBOOK WOULD YOU LIKE? (CIRCLE)

PAPER (WILL BE SENT TO THE ADDRESS ABOVE)

DIGITAL (WILL BE SENT TO THE EMAIL ADDRESS ABOVE)

DID YOU HEAR ABOUT THE CHALLENGE THROUGH A FRIEND?  
IF YES WRITE THEIR NAME AND SCHOOL BELOW AND THEY  
WILL WIN AN NRMA GOLD MEDAL CHALLENGE SPORTS BAG!

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**Return completed form to:**

Bicycle NSW, Level 1, Heritage Building A  
1 Herb Elliott Avenue, Sydney Olympic Park  
Homebush Bay, NSW, 2127  
or Fax to (02) 9746 2600