



Are You Ready for High School?

If you have a child starting high school next year, then this is the workshop for you!

APFACTS (the Association of Parents and Friends of ACT Schools) proudly presents “Keep that B.O.A.T. afloat” - a workshop for parents of children in Year 6. Help your child become a more confident student and YOU a less stressed parent!

Learn about:

- Finding that **Balance** between work and play
- **Organisation Skills**
- **Attitude—keeping a positive one!**
- **Time Management techniques**

Conducted by Angie Wilcock from High Hopes Educational Services.

Parents, with or without their Year 6 students, are welcome.

Wednesday 16 June, 6.30—8.00pm

Radford College, Bruce (follow the signs)

Cost: \$5.00 per family for APFACTS Affiliated Schools

\$10.00 per family for non affiliated Schools*

Payable on the night BUT RSVP Essential:

For RSVP or further information: ph 6287 3538 or email
apfacts@bigpond.com by COB Friday 11 June 2010

* not sure whether your school is affiliated? Contact us to find out!