



## ***Love is staying up all night with a sick child.....***

And then keeping them home from school the next day.

### ***Please***

do not send a sick child or teenager to school. They will not perform at their best and there is the risk that they will spread their illness to other students and school staff. If you give paracetamol (or similar) to an unwell child it will wear off in 3-4 hours with the symptoms returning.

Children or adolescents who have

- A fever greater than 37.5 C
- An unwell, pale or flushed, red eyed look
- Nausea, vomiting and or diarrhoea
- Conjunctivitis or communicable disease, (Measles, chicken pox etc)
- A disruptive cough and cold or flu symptoms.
- An injury or illness requiring medical attention

### ***will be sent home from school.***

If your child is unwell at school the procedure is

- for the child to present at either main or Junior school sick bay.
- The College Nurse or first aid staff will assess them. Paracetamol will not be given to keep a sick child at school. If they are unable to remain at school the staff will contact the relevant parent or guardian. This is important for monitoring attendance. The College has a legal obligation to account for students for every minute of their school day.
- Please don't encourage your children to call you directly on their mobiles. Students are not permitted to use their mobiles at school.
- Please don't give your student various cough and cold medicines to self-administer. This poses a safety issue for the student and other students at the College.

As we head into winter please help to keep the impact of winter illnesses on the Radford community low.

Please don't hesitate to contact me if you have any comments, suggestions or concerns [karen.baker@radford.act.edu.au](mailto:karen.baker@radford.act.edu.au)

