



RADFORD COLLEGE
Outdoor Adventure Program
Climbing and Abseiling



17 February 2010

Dear Parent/Guardian

Outdoor Adventure Programs are designed to give students an opportunity to experience activities that they may not otherwise encounter, and to provide experiences in a relaxed and casual environment that allows students of all year levels to get to know each other and most of all TO HAVE FUN!

This weekend is designed for participants of all levels, no prior experience in climbing or abseiling is required. Our leaders will give full instructions and safety briefs prior to each activity.

The students will be abseiling and climbing at two different locations, the first site will be visited on Saturday afternoon and the second one on Sunday morning. The students will be required to walk their gear into and out of the property and walk to the abseil/climbing sites; students will be walking on bush tracks. If time permits, the students can participate in water activities on the Wingecarribee River, mainly, raft building and wading.

VENUE: Biloela, a private property on the Wingecarribee River, 2 hours north of Canberra in the Southern Highlands. Students will sleep in huts, please visit www.oeg.net.au/biloela for more information about the venue.

DATES: Saturday 6th and Sunday 7th March 2010

TIMES: Students are to meet at **8.00am** at the turning circle on the morning of departure.

Students will return at **4.00pm** to the turning circle for collection.

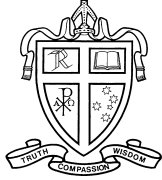
STAFF: 1 Radford College representative and 1 OEG Group Leader will accompany the group and 1 OEG ropes specialist.

FOOD: Students must **supply lunch** for Saturday and snacks for the weekend. Due to the high incidence of nut allergies, please no nuts. Dinner on Saturday, Breakfast and Lunch on Sunday will be supplied.

ACTIVITIES: Abseiling, Climbing, walking and maybe raft building and wading in the Wingecarribee River.

COST: The cost for this program is **\$200 + GST, total \$220 per person**

EMERGENCY CONTACT: The school after hours contact is Kylie Robards 0403597451.



WHAT TO BRING: All equipment for Abseiling, Climbing and raft building is supplied.

Please pack the following items in a Back pack:

• Sleeping bag	• Bowl, plate, mug of durable plastic or enamel and cutlery
• Runners	• Toiletries, comb/brush, toothbrush & toothpaste, insect repellent,
• Underwear	• Shorts
• Rain jacket	• 2 x Socks
• 1 x long sleeved shirt, cotton	• Small backpack to carry items for the day.
• 1 x Long trousers – cotton	• 2 x thin Woollen jumpers/fleece
• Swimwear	• Sunscreen, sunhat & Sunglasses
• Beanie	• 2 x 1L water bottles
• 2 x T shirts	• 1 roll of Toilet paper
• 2 Plastic rubbish bags	• Enclosed Water shoes (old joggers, wetsuit booties etc)
	• Personal medication (e.g. Ventolin, allergy medication etc.)

Optional: Pillow, camera

MEDICAL AND DIETARY DETAILS:

A separate medical form for this program is not required; however, if there have been any changes in your child's medical condition or contact details it is your responsibility to notify the School to ensure that accurate data is available.

Please circle if your child has any dietary requirements? YES NO

If yes, please provide details: _____

CONSENT TO USE IMAGES OR PHOTOGRAPHS:

OEG occasionally photographs participants on programs for use in OEG publications, on the OEG website and for use in presentations. We would very much appreciate your consent to take photographs on program.

I consent to my child being photographed and/or visual images of my child being taken during activities, for use in OEG publications, on the OEG website, or for publicity purposes without acknowledgement and without being entitled to any remuneration or compensation. *(Please strike out this paragraph if you do not agree)*

REGISTRATION:

Please note this is a school excursion and all normal school rules apply.

If you have any questions please contact Kylie Robards kylie.robards@radford.act.edu.au or phone 61626288.

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I give permission for my son/daughter to travel to and from Biloela in the Radford school bus and participate in all activities during the weekend. I understand that \$220 will be added to my school account at the end of the term.

Parent/Guardian